

A Valuable Service for Dental Practice

Oral Appliance Therapy for Snoring, Sleep Apnoea & Bruxism

Join Australia's top dental sleep experts for a one-day, hands-on seminar. Learn to integrate oral appliance therapy for snoring, sleep apnoea, and bruxism with live demos, real patients, and expert guidance.

HIGHLIGHTS

- See it live. Real patients. Real cases. Watch every step - consultations, records, appliance delivery - right in front of you.
- Get hands-on. Take bites, fit appliances, make adjustments - walk away with real clinical skills, not just theory.
- Communicate with confidence. Learn powerful communication strategies and how to seamlessly integrate dental sleep medicine into your practice, from the first conversation to follow-up care.

MEET YOUR PRESENTERS



Dr Harry Ball
Dentist Fellow of Dental Sleep Medicine (ASA)



Dr Sam Talpis
Dentist Fellow of Dental Sleep Medicine (ASA)



Dr Ken Lee
Dentist Fellow of Dental Sleep Medicine (ASA)
Melbourne Only



Dr Adam Teo
Dentist
Brisbane Only



Dr Andrew Gikas
Dentist
Melbourne Only



Dr Brendon Yee
Sleep Physician
Sydney Only



Dr David Cunningham
Sleep Physician
Brisbane Only



Dr Marcus McMahon
Sleep Physician
Melbourne Only

REGISTRATION

Early Bird Discount Day Delegate Pass
(Includes: Day delegate package with morning tea, lunch and afternoon tea daily.)

Day Delegate Pass
(Includes: Day delegate package with morning tea, lunch and afternoon tea daily.)

7
CPD

BRISBANE

SAT 30 AUG 2025

Stamford Plaza Brisbane
9 Edward Street,
Brisbane City, QLD 4000

MELBOURNE

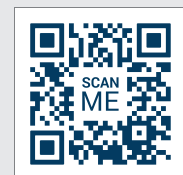
SAT 18 OCT 2025

InterContinental
Melbourne by IHG
495 Collins St,
Melbourne VIC 3000

SYDNEY

SAT 1 NOV 2025

Hyatt Regency Sydney
161 Sussex St, Sydney
NSW 2000



Scan to
Sign up

~~\$1,390.00AUD~~

\$990.00_{AUD}

\$1,390.00_{AUD}

● FULL COURSE OUTLINE AND AGENDA

9:00 AM

Overview of Sleep Medicine

- The various sleep disorders with an emphasis on sleep apnoea and snoring
- The important role of the dentist in managing sleep apnoea and snoring

9:45 AM

Diagnosing Sleep Apnoea

- The various levels of sleep studies and the available diagnostic units
- The physiological parameters measured
- Understanding the numbers and the various diagnoses

10:30 AM - Morning Tea

10:45 AM - 11:45 AM

The A-Z of Oral Appliance Therapy

- The full range of state-of-the-art appliances including the pros and cons of each
- The four essential criteria for selecting an optimal appliance
- The importance of choosing a material
- The effectiveness of oral appliances
- How oral appliances compare to CPAP

11:45 AM - 12:15 PM

Side Effects & Combination Treatments

- Occlusal changes –strategies for preventing and minimising TMD. Assessing preventing and managing TMD related symptoms
- Simple add- on or combination treatments that can be included to enhance the effectiveness of oral appliances
- Indications for combination treatments

12:15 PM - 12:45 PM

Bruxism & Occlusal Splints

- Methods for identifying active bruxism
- Research-based optimal splint designs for effectiveness and comfort
- Quick and efficient bite registration technique for achieving an ideal occlusion
- Non splint methods of management and patient motivation.

12:45 PM – Lunch

1:30 PM – 3:00 PM

The Clinical Steps

- **The initial consultation**
 - Screening, examination, radiographs and diagnosis
 - Step-by-step approach to patient education, treatment options and communication skills for high case acceptance
 - Demonstrating intra-oral scanning, impressions and simple methods for taking a registration
- **The Fitting Visit**
 - An efficient method for appliance fitting requiring minimal clinical time
 - Assessing the accuracy of the fit
 - Adjustments that may be required for achieving an optimal fit
 - Detailed instructions on protocols for mandibular advancement
 - Patient instructions
- **The Post Fitting Review**
 - Assessing the effectiveness of treatment
 - Assessing for side effects
 - Assessing the need for further titration or combination therapy
 - Establishing the need for a follow up sleep study
 - Deciding when treatment is complete, and the follow ups required

3:00 PM – Afternoon Tea

3:15 PM – 4:00 PM

Hands-On Workshop: Impressions & Bite Registration

Participants will have the opportunity to practice registration techniques and scanning techniques with supervision and coaching from experienced practitioners.

4:00 PM – 5:00 PM

Communication Skills & Marketing

- Developing rapport and high-quality relationships
- Methods for achieving high case acceptance and compliance
- Effective responses to the frequently asked questions
- Effective methods for identifying potential patients within your existing practice
- Proven strategies for directly attracting new patients as well as referrals from GP's ENTs and sleep physicians

5:00 PM-5:15 PM

Integrating Sleep Therapy into Dental Practice plus Q&A

- A system for screening and diagnosing patients
- Methods for training team members
- Developing an online presence
- Newsletters to the patient data base
- All the required instruments, clinical forms and patient education materials