

## One Day Seminar Roadshow and Live Stream

# Oral Appliance Therapy for Snoring, Sleep Apnoea & Bruxism

Join Australia's top dental sleep experts for a one-day, hands-on seminar. Learn to integrate oral appliance therapy for snoring, sleep apnoea, and bruxism with live demos, real patients, and expert guidance.

### HIGHLIGHTS

- See it live. Real patients. Real cases. Watch every step - consultations, records, appliance delivery - right in front of you.
- Get hands-on. Take bites, fit appliances, make adjustments - walk away with real clinical skills, not just theory.
- Communicate with confidence. Learn powerful communication strategies and how to seamlessly integrate dental sleep medicine into your practice, from the first conversation to follow-up care.

### MEET YOUR PRESENTERS



**Dr Harry Ball**  
(Dentist Fellow of Dental Sleep Medicine (ASA))



**Dr Sam Talpis**  
(Dentist Fellow of Dental Sleep Medicine (ASA))



**Dr Ken Lee**  
(Dentist Fellow of Dental Sleep Medicine (ASA))  
Melbourne Only



**Dr Adam Teo**  
(Dentist)  
Brisbane Only



**Dr Andrew Gikas**  
(Dentist)  
Melbourne Only



**Dr Brendon Yee**  
(Sleep Physician)  
Sydney Only



**Dr David Cunningham**  
(Sleep Physician)  
Brisbane Only



**Dr Marcus McMahon**  
(Sleep Physician)  
Melbourne Only

### REGISTRATION

Early Bird Discount Day Delegate Pass  
(Includes: Day delegate package with morning tea, lunch and afternoon tea daily.)

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(Includes: Day delegate package with morning tea, lunch and afternoon tea daily.)

~~\$1,390.00AUD~~

**\$990.00AUD**

**\$1,390.00AUD**



### BRISBANE

**SAT 30 AUG 2025**

Stamford Plaza Brisbane  
9 Edward Street,  
Brisbane City, QLD 4000

### MELBOURNE

**SAT 18 OCT 2025**

InterContinental  
Melbourne by IHG  
495 Collins St,  
Melbourne VIC 3000

### SYDNEY

**SAT 1 NOV 2025**

Hyatt Regency Sydney  
161 Sussex St, Sydney  
NSW 2000



Scan to  
Sign up

## ● FULL COURSE OUTLINE AND AGENDA

**9:00 AM**

### **Overview of Sleep Medicine**

- The various sleep disorders with an emphasis on sleep apnoea and snoring
- The important role of the dentist in managing sleep apnoea and snoring

**9:45 AM**

### **Diagnosing Sleep Apnoea**

- The various levels of sleep studies and the available diagnostic units
- The physiological parameters measured
- Understanding the numbers and the various diagnoses

**10:30 AM - Morning Tea**

**10:45 AM - 11:45 AM**

### **The A-Z of Oral Appliance Therapy**

- The full range of state-of-the-art appliances including the pros and cons of each
- The four essential criteria for selecting an optimal appliance
- The importance of choosing a material
- The effectiveness of oral appliances
- How oral appliances compare to CPAP

**11:45 AM - 12:15 PM**

### **Side Effects & Combination Treatments**

- Occlusal changes –strategies for preventing and minimising TMD. Assessing preventing and managing TMD related symptoms
- Simple add- on or combination treatments that can be included to enhance the effectiveness of oral appliances
- Indications for combination treatments

**12:15 PM - 12:45 PM**

### **Bruxism & Occlusal Splints**

- Methods for identifying active bruxism
- Research-based optimal splint designs for effectiveness and comfort
- Quick and efficient bite registration technique for achieving an ideal occlusion
- Non splint methods of management and patient motivation.

**12:45 PM – Lunch**

**1:30 PM – 3:00 PM**

### **The Clinical Steps**

- **The initial consultation**
  - Screening, examination, radiographs and diagnosis
  - Step-by-step approach to patient education, treatment options and communication skills for high case acceptance
  - Demonstrating intra-oral scanning, impressions and simple methods for taking a registration
- **The Fitting Visit**
  - An efficient method for appliance fitting requiring minimal clinical time
  - Assessing the accuracy of the fit
  - Adjustments that may be required for achieving an optimal fit
  - Detailed instructions on protocols for mandibular advancement
  - Patient instructions
- **The Post Fitting Review**
  - Assessing the effectiveness of treatment
  - Assessing for side effects
  - Assessing the need for further titration or combination therapy
  - Establishing the need for a follow up sleep study
  - Deciding when treatment is complete, and the follow ups required

**3:00 PM – Afternoon Tea**

**3:15 PM – 4:00 PM**

### **Hands-On Workshop: Impressions & Bite Registration**

Participants will have the opportunity to practice registration techniques and scanning techniques with supervision and coaching from experienced practitioners.

**4:00 PM – 5:00 PM**

### **Communication Skills & Marketing**

- Developing rapport and high-quality relationships
- Methods for achieving high case acceptance and compliance
- Effective responses to the frequently asked questions
- Effective methods for identifying potential patients within your existing practice
- Proven strategies for directly attracting new patients as well as referrals from GP's ENTs and sleep physicians

**5:00 PM-5:15 PM**

### **Integrating Sleep Therapy into Dental Practice plus Q&A**

- A system for screening and diagnosing patients
- Methods for training team members
- Developing an online presence
- Newsletters to the patient data base
- All the required instruments, clinical forms and patient education materials