

WAKING UP TO SLEEP

Snoring - Sleep Apnoea - Bruxism

Webinar Series

"An Easy System for Organising Sleep Studies. The Missing Link"

Join Dr Marcus McMahon and Dr Harry Ball, in two, presentations that cover the advances in oral appliances and technology, as well as the steps required to have a successful practice in dental sleep.

Providing oral appliances for snoring, sleep apnoea and bruxism is often been described as the most enjoyable and satisfying area in dentistry.

An essential factor in providing oral appliance therapy is having a method for diagnosing your patients with clear treatment recommendations from a sleep physician knowledgeable in dental sleep medicine. Organising a sleep study and effectively presenting the results to your patients will be the focus of this webinar.



Dr Marcus McMahon
Sleep Physician



Dr Harry Ball
Dentist

The Presenters and Areas Covered



Dr Marcus McMahon

Sleep Physician
MB,BS,FRACP

Dr Marcus McMahon graduated from Melbourne University in 1995 and is a sleep and respiratory physician obtaining his Fellowship in 2003. He practices at the Epworth Hospital in Richmond and specialises in the full range of sleep disorders, including sleep apnoea.

Dr McMahon holds a Master's degree in medical education and has been an active member of several committees for the Australasian Sleep Association and the Royal Australian College of Physicians, where he's been a fellow since 2003.

Dr McMahon has a special interest in dental sleep medicine and is one of the reporting physicians for Dental Sleep Diagnostics.



Dr Harry Ball

Dentist
BDSc LDS (Melb) M Counselling (Latrobe)
Grad Dip Counselling & HS (Latrobe)

Dr Harry Ball is the past co-chairperson of the Dental Sleep Medicine Council of the Australasian Sleep Association. He is one of the most experienced practitioners in the world, having established SleepWise Clinic in 2001, which has now treated over 16,000 patients with oral appliances.

Dr Ball has lectured extensively for the Australian Dental Association and the ASA as well as in Europe and Asia.

The Webinar will cover the following areas:

- A simple, efficient, validated questionnaire for screening dental patients for sleep apnoea,
- A simple, fast and cost-effective method for organising sleep studies for dental patients who snore or have suspected sleep apnoea,
- Understanding the sleep study. Examples of sleep studies of patients with mild, moderate and severe sleep apnoea will be presented and discussed,
- An effective method for presenting the results of the sleep study to the patient,
- What are the criteria for a follow-up sleep study while using the appliance,
- Which patients need to see a sleep physician at some point of the treatment process and which patients you can manage yourself,
- How Medicare and Telehealth have enabled simple access of dental patients to sleep physicians.